

December 22, 2014

Office of the Attorney General  
Charitable Trust Unit  
33 Capitol Street  
Concord, NH 03301-6307

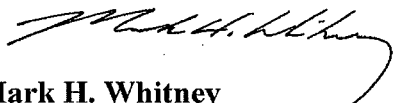
To Whom It May Concern:

On behalf of the operating affiliates of Exeter Health Resources, we do hereby submit three Community Benefit Reports for Fiscal Year 2013/2014 for Exeter Hospital, Core Physicians, and Rockingham Visiting Nurse Association & Hospice. These three affiliates are separate charitable trusts within the Exeter Health Resources healthcare system.

Each of the Community Benefit Reports reflect the tremendous effort the organizations, their employees, and our collaborators have put forth to improve the health of the communities served.

If you should have any questions or need greater detail, please contact me directly at 603.580.7437.

Sincerely,



**Mark H. Whitney**

VP of Strategic Planning / Community Relations / Fundraising  
Exeter Health Resources, Inc.

**COMMUNITY BENEFITS REPORTING FORM**

*Pursuant to RSA 7:32-c-1*

**FOR FISCAL YEAR BEGINNING 10/01/14**

*to be filed with:*

Office of the Attorney General  
Charitable Trusts Unit  
33 Capitol Street, Concord, NH 03301-6397  
603-271-3591

**Section 1: ORGANIZATIONAL INFORMATION**

**Organization Name : Core Physicians LLC**

**Street Address : 7 Holland Way**

**City : Exeter                      County 08 - Rockingham      State NH      Zip Code |03833**

**Federal ID # 87-0807914                      State Registration # 17285**

**Website Address: <http://www.corephysicians.org>**

Is the organization's community benefit plan on the organization's website? Yes

Has the organization filed its Community Benefits Plan Initial Filing Information form? Yes

**IF NO**, please complete and attach the Initial Filing Information Form.

**IF YES**, has any of the initial filing information changed since the date of submission?

No    **IF YES**, please attach the updated information.

**Chief Executive:**      Debra Cresta                      (603) 580-6684                      dcresta@ehr.org

**Board Chair:**              Nicholas Garcia                      (603) 658-1180                      ngarcia@ehr.org

**Community Benefits**

**Plan Contact:**              Mark Whitney                      (603) 580-7437                      mwhitney@ehr.org

Is this report being filed on behalf of more than one health care charitable trust? No

**IF YES**, please complete a copy of this page for each individual organization included in this filing.

## **Section 2: MISSION & COMMUNITY SERVED**

### **Mission Statement:**

The mission of Core Physicians, an affiliate of Exeter Health Resources, Inc., is to improve the health of the community. This mission will be principally accomplished through the provision of health services and information to the community within the resources available.

Has the Mission Statement been reaffirmed in the past year (*RSA 7:32e-I*)? Yes

Please describe the community served by the health care charitable trust. "Community" may be defined as a geographic service area and/or a population segment.

Service Area (Identify Towns or Region describing the trust's primary service area):

### **Core Physicians Service Area**

Atkinson	Hampstead	Plaistow
Barrington	Hampton	Portsmouth
Brentwood	Hampton Falls	Raymond
Candia	Kensington	Rye
Chester	Kingston	Rye Beach
Danville	Lee	Sandown
Deerfield	Madbury	Seabrook
Durham	Newfields	Somersworth
East Hampstead	Newmarket	South Hampton
East Kingston	Newton	Stratham
Epping	Newton Junction	West Nottingham
Exeter	North Hampton	
Fremont	Northwood	
Greenland	Nottingham	

Total Area Population: 232,707

(Source: U.S. Department of Commerce, United States Census Bureau - projected to 2014)

Service Population (Describe demographic or other characteristics if the trust primarily serves a population other than the general population):

Core Physicians is a community based, multi-specialty group practice affiliated with Exeter Hospital, Inc. Core Physicians is a major provider of primary care services in the region, and continues to develop diagnostic and surgical services to meet the increasing health care needs of the population. In addition, specialty care services continue to be added to complement Core's community-based, patient-focused care. Core serves the general population and has over thirty office locations located throughout the greater New Hampshire seacoast area offering high quality integrated primary care, specialty care and ancillary services.

### **Section 3: COMMUNITY NEEDS ASSESSMENT**

In what year was the last community needs assessment conducted to assist in determining the activities to be included in the community benefit plan?

2013 *(Please attach a copy of the needs assessment if completed in the past year)*

Was the assessment conducted in conjunction with other health care charitable trust in your community? Yes

Based on the needs assessment and community engagement process, what are the priority needs and health concerns of your community?

	NEED (Please enter code # from attached list of community needs)
1	<i>101 – Access to Care Financial Barriers*</i>
2	<i>601 – Transportation Services</i>
3	<i>370 – Mental Health/Psychiatric Disorders-Preventative and Care; General</i>
4	<i>400 – Substance Abuse; Life Style Issues</i>
5	<i>360 – Infectious Disease – Prevention and Care; General</i>
6	<i>300 – Chronic Disease – Prevention and Care; General</i>
7	<i>371 – Suicide Prevention</i>
8	<i>121 – Availability of Dental/Oral Health Care</i>
9	<i>603 – Senior Services</i>

What other important health care needs or community characteristics were considered in the development of the current community benefits plan (e.g. essential needs or services not specifically identified in the community needs assessment)?

	NEED (Please enter code # from attached list of community needs)
A	<i>100 – Access to Care; General</i>
B	<i>420 - Obesity</i>
C	<i>520 – Community Safety and Injury; General</i>
D	<i>604 – Prescription Assistance</i>
E	<i>430 – Family/Parent Support Services</i>
F	<i>120 – Availability of Primary Care</i>
G	<i>999 – Other Community Need</i>

\*Any individual within the service area can apply for charity care.

#### **Section 4: COMMUNITY BENEFIT ACTIVITIES**

Identify the categories of Community Benefit activities provided in the preceding year and planned for the upcoming year (note: some categories may be blank). For each area where your organization has activities, report the past and/or projected unreimbursed costs for *all* community benefit activities in that category. For each category, also indicate the *primary* community needs that are addressed by these activities by referring to the applicable number or letter from the lists on the previous page (i.e. the listed needs may relate to only a subset of the total reported costs in some categories).

<b><i>A. Community Health Services</i></b>	<b><i>Community Need Addressed</i></b>	<b><i>Unreimbursed Costs (preceding year)</i></b>	<b><i>Unreimbursed Costs (projected)</i></b>
<i>Community Health Education</i>	-- -- --		
<i>Community-based Clinical Services</i>	-- -- --		
<i>Health Care Support Services</i>	-- -- --		
<i>Other:</i>	-- -- --		

<b><i>B. Health Professions Education</i></b>	<b><i>Community Need Addressed</i></b>	<b><i>Unreimbursed Costs (preceding year)</i></b>	<b><i>Unreimbursed Costs (projected)</i></b>
<i>Provision of Clinical Settings for Undergraduate Training</i>	A -- --	\$286,035.00	\$291,756.00
<i>Intern/Residency Education</i>	-- -- --		
<i>Scholarships/Funding for Health Professions Ed.</i>	-- -- --		
<i>Other:</i>	-- -- --		

<b><i>C. Subsidized Health Services</i></b>	<b><i>Community Need Addressed</i></b>	<b><i>Unreimbursed Costs (preceding year)</i></b>	<b><i>Unreimbursed Costs (projected)</i></b>
<i>Type of Service: Pulmonary &amp; Critical Care</i>	6 -- --	\$773,927.00	\$789,406.00
<i>Type of Service: Infectious Disease</i>	5 -- --	\$146,166.00	\$149,089.00
<i>Type of Service: Other Medical Specialties</i>	6 A --	\$1,666,920.00	\$1,700,257.00
<i>Type of Service:</i>	-- -- --		
<i>Type of Service:</i>	-- -- --		

<b><i>D. Research</i></b>	<b><i>Community Need Addressed</i></b>	<b><i>Unreimbursed Costs (preceding year)</i></b>	<b><i>Unreimbursed Costs (projected)</i></b>
<i>Clinical Research</i>	-- -- --		
<i>Community Health Research</i>	-- -- --		
<i>Other:</i>	-- -- --		

<b><i>E. Financial Contributions</i></b>	<b><i>Community Need Addressed</i></b>	<b><i>Unreimbursed Costs (preceding year)</i></b>	<b><i>Unreimbursed Costs (projected)</i></b>
<i>Cash Donations</i>	-- -- --		
<i>Grants</i>	-- -- --		
<i>In-Kind Assistance</i>	A 8 --	\$39,984.00	\$9,878.00
<i>Resource Development Assistance</i>	-- -- --		

<b><i>F. Community Building Activities</i></b>	<b><i>Community Need Addressed</i></b>	<b><i>Unreimbursed Costs (preceding year)</i></b>	<b><i>Unreimbursed Costs (projected)</i></b>
<i>Physical Infrastructure Improvement</i>	-- -- --		
<i>Economic Development</i>	-- -- --		
<i>Support Systems Enhancement</i>	-- -- --		
<i>Environmental Improvements</i>	-- -- --		
<i>Leadership Development; Training for Community Members</i>	-- -- --		
<i>Coalition Building</i>	-- -- --		
<i>Community Health Advocacy</i>	A -- --	\$7,805.00	\$7,961.00

<b><i>G. Community Benefit Operations</i></b>	<b><i>Community Need Addressed</i></b>	<b><i>Unreimbursed Costs (preceding year)</i></b>	<b><i>Unreimbursed Costs (projected)</i></b>
<i>Dedicated Staff Costs</i>	-- -- --		
<i>Community Needs/Asset Assessment</i>	-- -- --		
<i>Other Operations</i>	-- -- --		

<b><i>H. Charity Care</i></b>	<b><i>Community Need Addressed</i></b>	<b><i>Unreimbursed Costs (preceding year)</i></b>	<b><i>Unreimbursed Costs (projected)</i></b>
<i>Free &amp; Discounted Health Care Services</i>	1 -- --	\$1,342,724.00	\$1,369,578.00

<b><i>I. Government-Sponsored Health Care</i></b>	<b><i>Community Need Addressed</i></b>	<b><i>Unreimbursed Costs (preceding year)</i></b>	<b><i>Unreimbursed Costs (projected)</i></b>
<i>Medicare Costs exceeding reimbursement</i>	-- -- --	\$14,040,918.00	\$14,883,373.00
<i>Medicaid Costs exceeding reimbursement</i>	1 -- --	\$3,168,876.00	\$3,359,009.00
<i>Other Publicly-funded health care costs exceeding reimbursement</i>	-- -- --		

\* Medicare costs are not counted as a Community Benefit per NH or IRS guidance, therefore the cost figure of \$14,040,918 is not included in the Total Unreimbursed Community Benefit Expense line item in Section 5 – Summary of Financial Measures.

\*\*Section E-Financial Contributions, *In-Kind Assistance* includes the donation of a dental van having a market value of \$30,300. This is not included in the *Unreimbursed Costs (projected)* as this was a one time donation.

**Section 5: SUMMARY FINANCIAL MEASURES**

<i>Financial Information for Most Recent Fiscal Year</i>	<i>Dollar Amount</i>
<i>Gross Receipts from Operations</i>	\$70,714,943.00
<i>Net Revenue from Patient Services</i>	\$63,600,128.00
<i>Total Operating Expenses</i>	\$84,769,693.00
<i>Net Medicare Revenue</i>	\$16,755,911.00
<i>Medicare Costs</i>	\$30,796,829.00
<i>Net Medicaid Revenue</i>	\$1,434,118.00
<i>Medicaid Costs</i>	\$4,602,994.00
<i>Unreimbursed Charity Care Expenses</i>	\$1,342,724.00
<i>Unreimbursed Expenses of Other Community Benefits</i>	\$6,089,713.00
<i>Total Unreimbursed Community Benefit Expenses</i>	\$7,432,437.00
<i>Leveraged Revenue for Community Benefit Activities</i>	\$0.00
<i>Total Community Benefits including Leveraged Revenue for Community Benefit Activities</i>	\$7,432,437.00



## **Section 6: COMMUNITY ENGAGEMENT** in the Community Benefits Process

List the Community Organizations, Local Government Officials and other Representatives of the Public Consulted in the community benefits planning process. Indicate the role of each in the process.	Identification of Need	Prioritization of Need	Development of the Plan	Commented on Proposed Plan
1) Families First Health and Support Center	X	X	X	X
2) Lamprey Health Care	X	X	X	X
3) SeaCare Health Services	X	X	X	X
4) Seacoast Mental Health Center	X	X	X	X
5) United Way of the Greater Seacoast	X	X	X	X
6) Community Resource Network	X	X		
7) Allies in Substance Abuse Prevention Coalition	X	X		
8) Exeter Fire Department	X	X		
9) Exeter Area Chamber of Commerce	X	X		
10) With Open Arms	X	X		
11) Raymond High School	X	X		
12) Lamprey River Elementary School	X	X		
13) Seacoast United Sports Club	X	X		
14) Service Link for Rockingham County	X	X		
15) Raymond Police Department	X	X		
16) Seabrook School	X	X		
17) Child Advocacy Center	X	X		
18) The Housing Partnership	X	X		
19) City of Portsmouth Welfare Administrator	X	X		
20) Newmarket High School	X	X		
21) Exeter Adult Education	X	X		
22) Newmarket Superintendent of Schools	X	X		
23) St.Vincent DePaul Society of Exeter	X	X		
24) Catholic Charities, Parish & Community Service	X	X		
25) Child Advocacy and Protection Program (CAAP)	X	X		
26) Raymond Coalition for Youth	X	X		
27) Big Brothers Big Sisters	X	X		
28) Child and Family Services	X	X		
29) Town of Kingston, Human Services	X	X		
30) Easter Seals Baby Steps Program	X	X		
31) Iber Holmes Gove Middle School, Raymond	X	X		
32) Exeter Hospital, Cancer Services	X	X		
33) Town of Raymond, Welfare Officer	X	X		
34) NH Senators-Exeter Hospital Service Area (HAS)	X			
35) NH State Legislators- Exeter Hospital HSA	X			
36) Rockingham County Commissioners	X			

Please provide a description of the methods used to solicit community input on community needs(attach additional pages if necessary): Please See Attached

**Section 7: CHARITY CARE COMPLIANCE**

<b>Please characterize the charity care policies and procedures of your organization according to the following:</b>	<b>YES</b>	<b>NO</b>	<b>Not Applicable</b>
The valuation of charity care does not include any bad debt, receivables or revenue	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Written charity care policy available to the public	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Any individual can apply for charity care*	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Any applicant will receive a prompt decision on eligibility and amount of charity care offered	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Notices of policies in lobbies	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Notice of policies in waiting rooms	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Notice of policy in other public areas	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Notice given to recipients who are served in their home	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

\*Any individual within the service area can apply for charity care.

COMMUNITY BENEFITS REPORTING FORM  
CORE PHYSICIANS LLC  
FISCAL YEAR 2013

Section 6: COMMUNITY ENGAGEMENT continued:

In 2013, the operating affiliates of Exeter Health Resources, Exeter Hospital, Inc., Core Physicians LLC, and Rockingham VNA and Hospice, along with their community partners, conducted a Community Needs Assessment which focused on priority health needs that were identified in the 2013 Community Needs Assessment. The purpose of the Assessment was to engage actual community members and to reach out to support agencies to determine the local area health needs.

Methods:

1. University of New Hampshire (UNH) Survey Center Household Telephone Survey
2. Community Forums
  - a. Lamprey Health Care
  - b. Plaistow Health Care
  - c. Exeter Hospital, Inc.
  - d. Seabrook Public Library
3. On Line Surveys conducted through Exeter Hospital, Core Physicians, and Rockingham VNA & Hospice websites
4. Key Leader Interviews
5. Multiple Secondary Research Sources

### **List of Potential Community Needs for Use on Section 3**

#### *100 - Access to Care; General*

- 101 - Access to Care; Financial Barriers
- 102 - Access to Care; Geographic Barriers
- 103 - Access to Care; Language/Cultural Barriers to Care
- 120 - Availability of Primary Care
- 121 - Availability of Dental/Oral Health Care
- 122 - Availability of Behavioral Health Care
- 123 - Availability of Other Medical Specialties
- 124 - Availability of Home Health Care
- 125 - Availability of Long Term Care or Assisted Living
- 126 - Availability of Physical/Occupational Therapy
- 127 - Availability of Other Health Professionals/Services
- 128 - Availability of Prescription Medications

#### *200 - Maternal & Child Health; General*

- 201 - Perinatal Care Access
- 202 - Infant Mortality
- 203 - Teen Pregnancy
- 204 - Access/Availability of Family Planning Services
- 206 - Infant & Child Nutrition
- 220 - School Health Services

#### *300 - Chronic Disease – Prevention and Care; General*

- 301 - Breast Cancer
- 302 - Cervical Cancer
- 303 - Colorectal Cancer
- 304 - Lung Cancer
- 305 - Prostate Cancer
- 319 - Other Cancer
- 320 - Hypertension/HBP
- 321 - Coronary Heart Disease
- 322 - Cerebrovascular Disease/Stroke
- 330 - Diabetes
- 340 - Asthma
- 341 - Chronic Obstructive Pulmonary Disease
- 350 - Access/Availability of Chronic Disease Screening Services

#### *360 - Infectious Disease – Prevention and Care; General*

- 361 - Immunization Rates
- 362 - STDs/HIV
- 363 - Influenza/Pneumonia
- 364 - Food borne disease
- 365 - Vector borne disease

*370 - Mental Health/Psychiatric Disorders – Prevention and Care; General*

371 - Suicide Prevention

372 - Child and adolescent mental health

372 - Alzheimer's/Dementia

373 - Depression

374 - Serious Mental Illness

*400 - Substance Use; Lifestyle Issues*

401 - Youth Alcohol Use

402 - Adult Alcohol Use

403 - Youth Drug Use

404 - Adult Drug Use

405 - Youth Tobacco Use

406 - Adult Tobacco Use

407 - Access/Availability of Alcohol/Drug Treatment

420 - Obesity

421 - Physical Activity

422 - Nutrition Education

430 - Family/Parent Support Services

*500 – Socioeconomic Issues; General*

501 - Aging Population

502 - Immigrants/Refugees

503 - Poverty

504 - Unemployment

505 - Homelessness

506 - Economic Development

507 - Educational Attainment

508 - High School Completion

509 - Housing Adequacy

*520 - Community Safety & Injury; General*

521 - Availability of Emergency Medical Services

522 - Local Emergency Readiness & Response

523 - Motor Vehicle-related Injury/Mortality

524 - Driving Under Influence

525 - Vandalism/Crime

526 - Domestic Abuse

527 - Child Abuse/Neglect

528 - Lead Poisoning

529 - Work-related injury

530 - Fall Injuries

531 - Brain Injury

532 - Other Unintentional Injury

533 - Air Quality  
534 - Water Quality

*600 - Community Supports; General*

601 - Transportation Services

602 - Information & Referral Services

603 - Senior Services

604 - Prescription Assistance

605 - Medical Interpretation

606 - Services for Physical & Developmental Disabilities

607 - Housing Assistance

608 - Fuel Assistance

609 - Food Assistance

610 - Child Care Assistance

611 - Respite Care

999 – Other Community Need

## COMMUNITY ADVOCACY 2014

Exeter Health Resources' team of managers and directors carry on its mission to improve the health of the community by committing many hours to various outside organizations and agencies that promote the health and wellness of the community. Exeter Health Resources and its affiliates encourage this participation and are pleased to present that information here for public knowledge.

Name, Position, Organization	Board, Committee, Service Organization
Demarco, Susan, Director Organizational Development Exeter Hospital, Inc.	Advisory Board of the University of New Hampshire Business and Professional Development Leadership Seacoast's Program Committee Health and Human Services Day sub-committee
Goodspeed, Ron Physician Recruitment Core Physicians LLC	Exeter Historical Society - Board Member
Kirby, Tracie Patient Accounts Manager Exeter Hospital, Inc.	New Health Access Network
Gaylord, Tamara Patient Accounts Supervisor Exeter Hospital, Inc.	New Health Access Network
Karakostas, Lisa Human Resources-Communication Specialist Exeter Hospital, Inc.	ElderPet, Board of Directors Pet Partners, Instructor and Registered Animal Handler/Evaluator
Savoie, Michelle Family Center Manager Exeter Hospital, Inc.	Association of Women's Health Obstetric and Neonatal Nurses Coordinating Team, Secretary/Treasurer
Chabot, Lori Quality Division-Risk Management Manager Exeter Hospital, Inc.	Sigma Theta Tau Eta Iota Chapter - nursing honor society University of New Hampshire - Treasurer
Thibeault, Laura Paramedicine Manager Exeter Hospital, Inc.	Region III EMS Council NH EMS Coordinators National Association of Emergency Medical Technicians NH Paramedic Association
Leblanc, Ray Safety Department/Emergency Management Exeter Hospital, Inc.	Seacoast Public Health Region Emergency Preparedness

## COMMUNITY ADVOCACY 2014

Koenig-Godfrey, Mary HealthReach Exeter Hospital, Inc.	Girls on the Run - NH Board Member (until June 2014)
Creem, DR Jennifer Core Pediatric Dentist Core Physicians LLC	NH Academy of Pediatric Dentistry - Member
DeMaria, Brenda Registered Nurse Rockingham Visiting Nurse Assn. & Hospice	Community Diabetes Support Group - Salem, NH and Londonderry, NH
O'Hara, Paul Registered Nurse Rockingham Visiting Nurse Assn. & Hospice	Community Diabetes Support Group - Exeter, NH and Seabrook, NH
Parise, Joan Registered Nurse Rockingham Visiting Nurse Assn. & Hospice	Seacoast Senior Provider Network Elderwrap, Seacoast NH Portsmouth Readmission Task Force Community Resource Network (CRN)
Garrett, Cathy Community Relations Specialist Rockingham Visiting Nurse Assn. & Hospice	Elderwrap, Derry NH Service Link Advisory - Board Member Parkland Medical Center Readmission Task Force Network Breakfast Group, West Territory
Michel, Karen Executive Director Rockingham Visiting Nurse Assn. & Hospice	Home Care Assn of NH - President Health Reach Diabetes Advisory Committee VNA Health System of Northern New England - CEO rep.
David Briden Chief Information Officer V.P. Exeter Hospital, Inc.	New Hampshire Health Information Organization - Board of Directors
Debra Vasapoli Director Public Relations Exeter Health Resources, Inc.	Exeter Area Chamber of Commerce - Board of Directors
Charles Thomas Director Human Resources Operations Exeter Health Resources, Inc.	Hampstead Civic Club - member
Marc Fournier Director of Human Resources CORE Physicians, LLC	Great Bay Kids, Co. - Board of Directors



**Addendum**  
**The Operating Affiliates of Exeter Health Resources**  
**Narrative Report of Community Benefits, FY 2014**

The mission of Exeter Health Resources and its affiliates is to improve the health of the community. This mission will be principally accomplished without compromising Exeter Health Resources' sustainability by supporting the provision of health services and information to the community by the affiliated companies of Exeter Health Resources.

Throughout the past year Exeter Hospital, Core Physicians and Rockingham VNA & Hospice have continued the pursuit of this mission. During FY 2014 the affiliates provided \$24,098,293 in charity care and other community benefit programs and services to communities in the areas served. Since the inception of the community benefit reporting requirement in FY 2000, the affiliates of Exeter Health Resources have provided a total of \$281,920,128 in community benefits.

**Exeter Hospital** is a 100-bed, community-based hospital serving New Hampshire's Seacoast Region. The hospital's scope of care includes comprehensive medical and surgical health care services including, but not limited to: breast health, maternal/child and reproductive medicine, cardiovascular, gastroenterology, sleep medicine, occupational and employee health, oncology, orthopedics and emergency care services. Exeter Hospital is accredited by DNV Healthcare, Inc., and is a Magnet-recognized hospital. Magnet designation from the American Nurses Credentialing Center is the most prestigious distinction a health care organization can receive for nursing excellence and high quality patient care.

**Core Physicians** is a community-based, multi-specialty group practice affiliated with Exeter Health Resources that provides comprehensive primary, specialty and pediatric dental care throughout the greater Seacoast Region. Over 160 providers in 32 locations pursue exceptional patient satisfaction through clinical competence and professional office administration.

**Rockingham Visiting Nurse Association & Hospice** is a community-based, home health and hospice agency providing individuals and families with the highest quality home care, hospice and community outreach programs within Rockingham County and the surrounding towns of Barrington, Lee and Durham.

This addendum includes an overview of *some* of the affiliates' many community benefit services and programs that help to address needs identified in the 2013 Community Health Needs Assessment.

- Mental Health Care Access (Behavioral Health Care)
- Access to Primary Care
- Transportation
- Youth Suicide/ Substance and Prescription Drug Abuse
- Dental Care
- Health and Wellness Services
- Nutrition/ Obesity
- Elder Care and Support Services

The operating affiliates of Exeter Health Resources work collaboratively with numerous community agencies towards meeting the needs of the community. These relationships include but are not limited to:

**Lamprey Health Care:** In FY 2014 Exeter Hospital continued its financial support of Lamprey Health Care with a community benefit grant in the amount of \$380,000.

Lamprey Health Care is New Hampshire's oldest and largest private, non-profit community health center with locations in Newmarket, Raymond and Nashua. The organization serves over 16,500 patients of all ages each year. As a community health center, Lamprey provides primary care and health-related services to all individuals and families, regardless of insurance status or ability to pay. By focusing on prevention and health care management, Lamprey Health Care strives to keep insured and uninsured patients healthy.

**Families First Health and Support Center:** In FY 2014 Exeter Hospital made financial contributions to Families First in the amount of \$52,875.

Families First is a community health center offering a wide variety of health services and programs including primary care, prenatal care, dental care and mobile health care for the homeless.

**New Heights (formerly known as New Outlook Teen Center):** Exeter Hospital continued its support of New Heights in the amount of \$19,750.

New Heights is an experiential learning organization for youth in grades 5-12 and focuses on the development and leadership of exciting, high quality summer and year-round programs designed to unleash potential and open young minds to new possibilities. Programs include adventure, arts & culture, STEM and team building activities. New Heights serves upwards of 700 youth including those from Brentwood, East Kingston, Exeter, Kensington, Newfields and Stratham.

### **Mental Health Care Access**

**Seacoast Mental Health Center:** Exeter Hospital partners with Seacoast Mental Health to offer mental health services to patients and their caregivers in the Emergency Department and the Center for Cancer Care. In FY 2014 Exeter helped to underwrite mental health services in the amount of \$405,461, serving 582 people.

### **Access to Primary Care**

**Exeter Hospital** provided \$4,218,044 (calculated at cost) in charity care during FY 2014 which served 1,876 people.

**Financial Assistance:** Exeter Hospital has three components to its health care access program:

- The Uninsured Care Discount/Hospital Access Plus Program extends a 30% discount off total charges to self pay patients, based off the weighted average of the top 3 commercial plans.
- The Financial Assistance Program is a community-based program for uninsured and underinsured patients who meet specific income, geographical and other guidelines, and who do not otherwise qualify for any state or federal assistance.
- Exeter's Catastrophic Care Program provides financial relief for those patients who do not qualify for the Financial Assistance Program, but who are faced with a substantial debt due to a serious illness or injury. This program is calculated based on a percentage of the patient's gross income.

**Telehealth Services:** During FY 2014 Exeter Hospital provided \$315,597 in Telehealth monitoring services serving 8,193 persons.

**Core Physicians** offers a financial assistance program for patients who meet certain geographic and financial criteria. In FY 2014 Core provided \$1,342,724 (calculated at cost) in charity care which served 1,445 people.

**Rockingham VNA & Hospice** provided \$70,611 (calculated at cost) in charity care during FY 2014 which served 45 people.

The operating affiliates actively promote these programs through direct patient education, paid advertising and community partnerships.

### **Transportation**

Exeter Hospital's transportation program is an important health care support service provided in response to an identified community need. Each year the program enhances access for hundreds of patients who otherwise would not be able to obtain needed health care and health related support services. During FY 2014 Exeter Hospital provided 2,466 transports at a cost of \$110,434.

### **Youth Suicide/ Substance and Prescription Drug Abuse**

**United Way of the Greater Seacoast:** In FY 2014 Exeter Hospital made financial contributions to the United Way of the Greater Seacoast of \$18,750 specifically designated to support their efforts in youth substance abuse prevention and education services.

### **Dental Care**

In FY 2014, Core Physicians donated its mobile dental van to St. Vincent DePaul to help provide dental services to the uninsured population. *(The dental van had a market value of \$30,300, but no book value.)*

## **Additional Community Benefit Programs and Services**

### **Community Health Services**

The operating affiliates of Exeter Health Resources continue to provide various support programs and services to improve the health and wellness of the community. These include but are not limited to:

**Community Education Programs:** Exeter Hospital provided community education services at an expense of \$235,588 serving 2,180 people.

**Cancer Wellness and Diabetes Support Programs:** During FY 2014 Exeter Hospital served 1,325 people in its cancer and diabetes programs at \$126,552.

**Community Based Clinical Services:** In FY 2014 Rockingham VNA & Hospice contributed \$30,978 towards serving 1,058 people with community based clinical services.

### **Research**

The Center for Cancer Care at Exeter Hospital participates in several national research groups sponsored by the National Cancer Institute, which enables the Center to offer clinical trials to patients undergoing treatment at Exeter Hospital. These offerings allow patients to voluntarily take part in leading edge research that does not necessitate travel outside of the Seacoast area. During FY 2014 Exeter Hospital provided \$145,773 for clinical trials and research that served 601 patients.

### **Health Education**

Through the health education program, students in various stages of their academic careers benefit from the experience of working with professional clinical staff. Agreements with Dartmouth-Hitchcock Medical School and the University of New England among others, allow medical students to pursue internships through Core Physicians' Exeter Pediatrics practice. A partnership with the Seacoast School of Technology allows high school juniors and seniors to explore future health career options available to them. Each year a large number of nursing students are given the opportunity to work alongside the excellent clinical staff of Exeter Hospital, Core Physicians and Rockingham VNA & Hospice.

During FY 2014 - 164 students participated in training and internship programs provided by the affiliates of Exeter Health Resources at a total cost value of \$1,379,217.